



CENTRAL IOWA
RSVP
 Connecting People To Purpose

Serving Hamilton and
 Webster Counties
 Winter 2024-2025



Thank You for a Wonderful Year!



As 2024 draws to a close, I want to take time to thank all of you volunteers who have given of your time and talents in so many different ways.


Volunteers are so important to the welfare of our community. In all that you do, you make a difference, and I thank you for it.

Volunteers are America's silent strength. Those who give of themselves in a spirit of unselfish devotion to the needs of others are truly this Nation's most generous, unsung heroes.
 ~William Arthur Ward (1921–1994)

Wishing you a wonderful new year!

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If you need an RSVP Individual Timesheet, call Becky at 515-832-2525.	

As our Christmas gift to you we have attached a handy calendar for your home or auto. Merry Christmas! 

A Year in Review—RSVP Volunteer Accomplishments

It is fun to look back over the year and see what RSVP volunteers in Hamilton and Webster counties have accomplished. Here are some interesting statistics:

- 38 new volunteers registered in 2024
- 303 volunteers served 6,877 hours at 33 different locations doing 44 different jobs
- 22 volunteers served as BASE leaders at 16 classes, with 308 people participating in exercise classes
- 211 volunteers served as pen pals at 6 area schools
- 48 stations are registered in Hamilton and Webster counties where volunteers can serve in various jobs
- 2 community education programs are being offered, Fraud Fighters and SPAN (Seniors Preventing Addiction to Narcotics) and a third program, Computer Literacy for Seniors, is being developed, all led by trained RSVP volunteers

Three cheers for all that our volunteers do in Hamilton and Webster counties!

Attention All Email Users:

Central Iowa RSVP staff are switching to a new email account.

After Feb. 1, 2025, my new email address will be:

hamweb@rsvpvolunteer.org

Please add this address to your contact list. Thank you!



Winter 2024-2025

RSVP Brag Book Photo Collage



BASE classes in 3 locations: Jewell United Church of Christ, Williams Public Library, and the sizable group of men who participate at Fuller Hall.

Pie and Ice Cream Socials at 3 locations: Jewell United Church of Christ, Webster City Senior Center, and the pavilion in Olsen Park in Fort Dodge.

Cheryl Eichler in her red sleigh, one of many who delivered packages for Santa for Seniors .

Current Volunteer Opportunities Winter 2024-2025



The following opportunities are available to all volunteers in Hamilton and Webster Counties. If you are interested in an assignment in another community, RSVP can provide mileage reimbursement. For more information, contact Becky Koppen at 515-832-2525.

WEBSTER COUNTY:

BASE Senior Fitness

Exercise leaders are needed to co-lead senior fitness classes. Training is provided by RSVP

Dayton Public Library/Harcourt Public Library

Volunteers are sought for the following activities: reading, book shelving/organizing, alphabetizing books/making room for new books, craft helpers, summer library program helpers, after-school helpers -Leading a program of a skill they possess (gardening, quilting, sewing, crafting, cooking, etc.)

Elderbridge

Errand Buddies may assist with and provide transportation to and from day-to-day activities such as shopping. Medical Transportation Drivers provide transportation to medical appointments. Telephone Reassurance Callers provide friendship and companionship as well as checking on the well-being of participants

Fort Dodge Elementary Schools

Help students in a variety of classroom activities

Fort Museum

Bingo runners, tour guides, janitorial help

The Lord's Cupboard

Help facilitate the food pantry. Pantry is open Tuesdays 9:30-11:30 and 4-6pm, Thursdays 9:30-11:30

The Key on Central

Volunteers are needed to sort and fold donated items, dust and vacuum, set up displays, carry boxes and bags

Marion Home

Read to residents, play card games, help with activities

Village Thrift Store—Opportunity Village

Sort incoming donations, stock shelves, run cash register

Webster County Conservation

Many volunteer opportunities both indoors and outdoors. The park technician can fit a task to most anyone. Opportunities in River's Edge Discovery Center

Youth Shelter Care

Play games, do a movie night, do a craft, do some baking, done with a group, as often as you choose

HAMILTON COUNTY:

All Cultures Equal

Food pantry at ACE, 2nd and 4th Thursday each month, help distribute food

Community and Family Resources

Volunteers are needed to label brochures. Work can be done at home

Crestview Nursing and Rehabilitation

Elderly activities—Bingo, one-on-one visits, sing-along leaders, pet visits, etc.

Food Bank of Iowa

Help with food distribution at St. Paul's Lutheran Church, W.C. Food distribution takes place every other month

Head Start

Work with 3-5 year-olds—play time, small group activity time, rest/reading time. M-F 9:00-1:15, you choose how much time you wish to spend

Lotus Community Project

Helpers are needed in the Lotus Treasures thrift shop in Webster City to sort donations

Newsletter Preparation

Helpers are needed to fold, seal, and label newsletters

Nursing Home Note Writers

Nursing homes in Hamilton and Webster counties are looking for volunteers to write cards and notes to residents.

Southfield Wellness Community

Elderly activities—Bingo, crafts and cards, one-on-one visits. Flexible times

VanDiest Medical Center

Greeters and Guides are needed as well as Bedside Visitors

Webster City Community Schools

Reading Buddies, tutors, pen pals, mentors welcome

Youth and Shelter Services

Youth Mentor—program for 4th and 5th grade students. Meet with student one day a week for about 35-45 minutes at middle school

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Santa for Seniors Delivers Joy to Area Elderly

Central Iowa RSVP, Elderbridge Area Agency on Aging and Upper Des Moines Opportunity teamed up to spread Christmas joy to selected elderly residents. Christmas gifts were purchased through donations from area businesses and organizations.

28 RSVP volunteers had the pleasure of delivering the packages on Dec. 12 and 13 in Hamilton and Webster counties.

Many RSVP volunteers also created beautiful hand-made items such as quilts, dish cloths, pot holders and hot pads to be included in the gifts.

Thank you to all who took part in this project!



Quilt makers Verna Bierle and Dalene Schlitter show one of their creations

Visit us on the web!
www.rsvpvolunteer.org



**AmeriCorps
Seniors**

Central Iowa RSVP



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